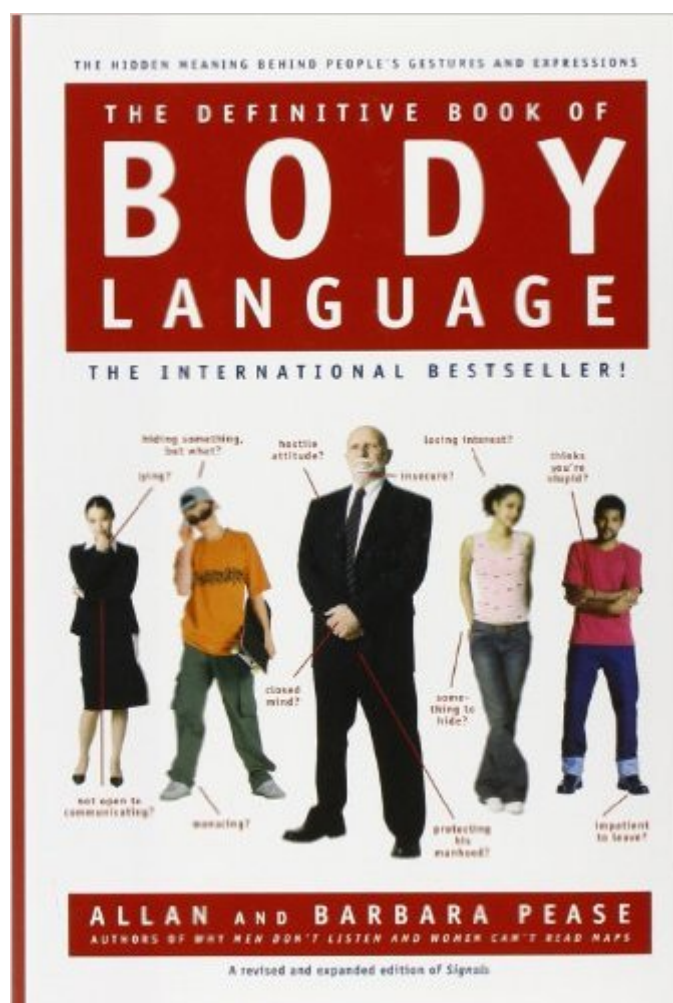


The book was found

# The Definitive Book Of Body Language: The Hidden Meaning Behind People's Gestures And Expressions



## Synopsis

Available for the first time in the United States, this international bestseller reveals the secrets of nonverbal communication to give you confidence and control in any face-to-face encounterâ “from making a great first impression and acing a job interview to finding the right partner. It is a scientific fact that peopleâ™s gestures give away their true intentions. Yet most of us donâ™t know how to read body languageâ “and donâ™t realize how our own physical movements speak to others. Now the worldâ™s foremost experts on the subject share their techniques for reading body language signals to achieve success in every area of life. Drawing upon more than thirty years in the field, as well as cutting-edge research from evolutionary biology, psychology, and medical technologies that demonstrate what happens in the brain, the authors examine each component of body language and give you the basic vocabulary to read attitudes and emotions through behavior. Discover:â ¤ How palms and handshakes are used to gain controlâ ¤ The most common gestures of liarsâ ¤ How the legs reveal what the mind wants to doâ ¤ The most common male and female courtship gestures and signalsâ ¤ The secret signals of cigarettes, glasses, and makeupâ ¤ The magic of smilesâ “including smiling advice for womenâ ¤ How to use nonverbal cues and signals to communicate more effectively and get the reactions you want Filled with fascinating insights, humorous observations, and simple strategies that you can apply to any situation, this intriguing book will enrich your communication with and understanding of othersâ “as well as yourself.

## Book Information

Hardcover: 400 pages

Publisher: Bantam; 1 edition (July 25, 2006)

Language: English

ISBN-10: 0553804723

ISBN-13: 978-0553804720

Product Dimensions: 6.2 x 0.9 x 9.3 inches

Shipping Weight: 1.3 pounds (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 starsÂ Â See all reviewsÂ (539 customer reviews)

Best Sellers Rank: #6,558 in Books (See Top 100 in Books) #14 inÂ Books > Reference > Words, Language & Grammar > Communication #38 inÂ Books > Health, Fitness & Dieting > Psychology & Counseling > Applied Psychology #58 inÂ Books > Health, Fitness & Dieting > Psychology & Counseling > Social Psychology & Interactions

## Customer Reviews

I have read and enjoyed Allan and Barbara Pease's other bestsellers *Why Men Don't Listen and Women Can't Read Maps* and *Why Men Lie and Women Cry: How to Get What You Want Out of Life by Asking* and therefore was really looking forward to reading this book. It was quite a disappointment. Half of the body language described seems perfectly obvious to me. Some of the explanations were useful, but others were dubious or downright mistaken. It didn't start well when on page 7 the caption under Schwarzenegger showing the thumb up explained that it meant five in Japan, which is utterly false. I can forgive one mistake, but not dozens, and the book is filled with them. Here are other examples. On p. 18-19, the authors say that shaking the head from side to side to indicate 'no' is universal. Are they forgetting that in India it means 'yes'? Over one billion people is not a minor exception. On p. 20, under the title *Universal Gestures*, the first example is the shoulder shrug to show that a person doesn't know or doesn't understand. In France it means that the person doesn't care or that it can't be helped. Perhaps their meaning of universal is not the one universally understood by English speakers? On p. 109-110, they say that figures E and F are insults in Japan, and figure L means 5 in Japan and 1 in (continental) Europe. None of that is true.

[Download to continue reading...](#)

The Definitive Book of Body Language: The Hidden Meaning Behind People's Gestures and Expressions  
Body Language: Body Language Training - Attract Women & Command Respect, by  
Mastering Your High Status Body Language (Body Language Attraction, Body Language ...  
Language Secrets, Nonverbal Communication) BODY LANGUAGE : Decoding Alpha Male Body  
Language, Instantly Attract Any Woman Without Saying a Single word. (Body Language 101, Alpha  
male, Attract woman, ... Seduce Women, Eye Contact, Body Language) Body Language: Discover  
and Understand the Psychological Secrets Behind Reading and Benefitting From Body Language  
(Read People On Sight - Body Communication - Nonverbal Communication) How To Analyze  
People: Mastering Analyzing and Reading People: (How To Read People, Analyze People,  
Psychology, People Skills, Body Language, Social Skills) How To Analyze People: Body Language  
and Human Psychology Guide to Mastering Analyzing (Analyze People, Body Language, Human  
Psychology, How to Analyze People) Body Language: Master the Art of Reading Anyone Through  
Nonverbal Communication (Body Language 101, Body Language Mastery, Read Everyone)  
Interpreting Musical Gestures, Topics, and Tropes: Mozart, Beethoven, Schubert (Musical Meaning  
and Interpretation) BODY BUTTER: Homemade Body Butter Recipes - 30 DIY Body Butter Recipes  
For Softer, Healthier, And More Radiant Skin (Body Butter, Body Butter Recipes, natural remedies)  
HTML & XHTML: The Definitive Guide: The Definitive Guide (Definitive Guides) I Didn't Know That  
Comes From The Bible: From Sour Grapes to Feet Of Clay, The Biblical Origins Behind Our

Everyday Words and Expressions Lawtalk: The Unknown Stories Behind Familiar Legal Expressions Body Language: Blueprint: Decipher Nonverbal Communication and Read People Like a Book to Win Friends and Influence (How to Analyze People) UNEXPLAINED DISAPPEARANCES & MISSING PEOPLE.: MISSING PEOPLE CASE FILES; UNEXPLAINED DISAPPEARANCES; MISSING PEOPLE. (UNEXPLAINED DISAPPEARANCES : MISSING PEOPLE Book 2) Eye Contact Training: Get Women, Increase Your Power & Become a True Leader (Eye contact book, Confidence building, Body language secrets, Nonverbal communication, ... Body language training, Attract women) Mudras for Awakening Chakras: 19 Simple Hand Gestures for Awakening and Balancing Your Chakras: [ A Beginner's Guide to Opening and Balancing Your Chakras ] (Mudra Healing Book 3) Body Language: Understand How to Read Body Language, Non-verbal Cues, Enhance your Communication and Improve your Social Skills! How To Attract Men With Body Language: 20 Powerful Body Language Techniques That Will Make Any Man Go Crazy Over You From Idea to App: Creating iOS UI, animations, and gestures (Voices That Matter) Sexual Futures, Queer Gestures, and Other Latina Longings (Sexual Cultures)

[Dmca](#)